

PUBLIC HEALTH CONCENTRATION

Program Description

The **Public Health Concentration** within the Associate in Science in Public Health and Human Performance is designed for students who plan to transfer to a four-year institution to pursue a bachelor's degree in public health or a related field focused on improving community health and well-being.

This concentration introduces students to the principles of population health, disease prevention, and health promotion. Students explore how social, environmental, and behavioral factors influence health outcomes while developing an understanding of strategies used to improve health at the community and population level. Coursework emphasizes critical thinking, data-informed decision-making, and the role of public health initiatives in addressing health disparities and promoting wellness.

The program prepares students for continued study in public health and related disciplines focused on community health, health education, and health policy.

Transfer Information

The Public Health concentration is structured to align with bachelor's degree programs in public health, community health, health promotion, and related disciplines.

Students are encouraged to work closely with faculty and Advising & Transfer Services to ensure coursework aligns with the requirements of their intended transfer institution. Students planning to transfer within New Jersey should explore the "Transfer Programs" feature on NJ Transfer (www.njtransfer.org (<http://www.njtransfer.org>)) to review articulation agreements and institutional requirements.

Early academic planning is recommended for students interested in specialized areas of public health, including epidemiology, environmental health, health education, and health policy.

Career Information

The A.S. in Public Health and Human Performance – Public Health Concentration is designed primarily for transfer. A bachelor's degree is typically required for professional roles in public health, and some positions require graduate study.

With further education, graduates may pursue careers such as:

- Public Health Educator
- Community Health Program Coordinator
- Health Promotion Specialist
- Epidemiology or Public Health Research Assistant
- Environmental Health Specialist

Students are encouraged to consult with faculty and Career Services early in their academic journey to explore transfer pathways, internships,

and long-term career planning in public health and community health professions.

Fall One		Credit Hours
ENGL 151	English I	3
STSC 150	Student Success Seminar	2
MATH 156	Introduction to Statistics	3
HEHP 184	Exploration of the U.S. Healthcare System and Healthcare Professions	3
BIOL 130 & 130L	Human Anatomy and Physiology I Lecture and Human Anatomy and Physiology I Lab	4
Credit Hours		15
Spring One		
ENGL 152	English II	3
HEHP 225	Contemporary Health	3
PSYC 172	General Psychology	3
BIOL 131 & 131L	Human Anatomy & Physiology II Lecture and Human Anatomy and Physiology II Lab	4
PHIL 192	Contemporary Ethical Issues	3
Credit Hours		16
Fall Two		
HEHP 188	Introduction to Nutrition	3
PSYC 278	Life Span Development	3
BIOL 161 & 161L	General Biology I Lecture and General Biology I Lab ¹	4
AHMT 110	Medical Terminology	3
SOCI 181	Introduction to Sociology	3
Credit Hours		16
Spring Two		
HEHP 227	Introduction to Public Health	3
CSIT 110	Introduction to Computers and Computer Applications	3
CHEM 181 & 181L	General Chemistry I Lecture and General Chemistry I Lab ¹	4
ANTH 134	Cultural Anthropology	3
Credit Hours		13
Total Credit Hours		60

¹ Some science courses are designed to be taken in sequence to ensure appropriate progression of knowledge and skills. Students are strongly encouraged to consult with an Academic/Transfer Advisor when planning their coursework.