

GENERAL STUDIES, ASSOCIATE IN SCIENCE - HEALTH AND PHYSICAL EDUCATION CONCENTRATION

Program Description

The Associate in Science (A.S.) degree is designed for students who wish to create an individualized program in a specific academic area. Students may explore career fields while selecting courses that will facilitate their goal of transferring to a four-year college/university or beginning a career. Students must complete the following:

- All students must complete STSC 150, Student Success Seminar, during their first year of enrollment.
- A minimum of 30 credits from the list of Approved General Education Courses.
- At least 18 credits from the academic area of Health and Physical Education to satisfy the Department Concentration.
- Additional elective credits to meet the requirements for the degree (minimum of 60 credits).

Transfer Information

Students pursuing the General Studies Health & Physical Education degree can build a comprehensive concentration in the area of Health & Human Performance in order to transfer into a wide range of programs, such as Global Fitness and Physical Education with Teacher's Certification. Students are encouraged to work closely with OCC faculty and Advising Transfer Services. Students planning to transfer to a four-year institution in NJ can explore the "Transfer Programs" feature on NJ Transfer www.njtransfer.org (<http://www.njtransfer.org>).

Career Information

The Associate of Arts and the Associate of Science Degrees are designed to provide students with the coursework needed to transfer to a four-year institution and pursue a bachelor's degree. The curriculum provides students the knowledge and skills needed to pursue various career pathways, while providing a credential beyond the high school degree. Students are strongly encouraged to consult with OCC faculty and Career Services as they begin to explore career options. OCC students can also utilize Focus2 Career, a resource provided by OCC, to explore degree programs and corresponding careers. To get started, log in through Ocean Connect (<https://connect.ocean.edu/Connect/Default.aspx>).

Students are encouraged to keep track of degree requirements by using the "My Progress" screen on Student Planning. Student Planning can be accessed via logging into Ocean Connect.

Code	Title	Credit Hours
Communications		
ENGL 151	English I	3
ENGL 152	English II	3
Humanities		

Humanities Gen. Ed. Requirement (<https://catalog.ocean.edu/academic-information/general-education/>) 3

Social Science

Social Science Gen. Ed. Requirement (<https://catalog.ocean.edu/academic-information/general-education/>) 3

Additional Humanities or Social Science Credit

Humanities or Social Science Gen. Ed. Requirement (<https://catalog.ocean.edu/academic-information/general-education/>) 3

Mathematics-Science-Technology

Mathematics Gen. Ed. Requirement (<https://catalog.ocean.edu/academic-information/general-education/>) 3

Lab Science Gen. Ed. Requirement (<https://catalog.ocean.edu/academic-information/general-education/>) 4

Technology Gen. Ed. Requirement (<https://catalog.ocean.edu/academic-information/general-education/>)¹ 3

Additional General Education Credit

Any Gen. Ed. Requirement (<https://catalog.ocean.edu/academic-information/general-education/>) 6

Program Requirement

Any STSC - Student Success Seminar course (<https://catalog.ocean.edu/course-descriptions/stsc/>)² 2

Department Concentration

To satisfy the department concentration, students must earn 18 credits from the academic area of Health and Physical Education. Course prefixes for the Health and Physical Education concentration are: HEHP and HHAW 18

Elective Courses

Electives to meet 60 credits 9

Total Credit Hours 60

1

Students may attempt to "test out" of the technology requirement. If they succeed, they must take an additional course(s) in math or science or technology from the List of Approved General Education Courses.

2

A variety of STSC - Student Success Seminar courses are available. Please speak to your academic advisor for assistance when selecting.